

FESIK-DA



NEI DAN SCHOOL



present

an important event in Italy

14th DOUBLE INTERNATIONAL SUMMER CAMP OF INTERNAL MARTIAL ARTS

Taiji Quan

(styles: Chen, Yang)

Xing Yi Quan

Ba Gua Zhang

21st - 24th August 2011

25th - 28th August 2011

Under the guide of 4 great Masters

GUO MING (GEORGE) XU
Taiji Quan Chen style - Ba Gua Zhang

ZHAO YA JUN
Taiji Quan - Yang style

WU WEN WEI
Xin Yi Liu he Quan

FLAVIO DANIELE
Taiji Quan Yang style

ASI

MONTESE (MO)

HOTEL BELVEDERE - Piazza Repubblica 1

How to reach MONTESE by car:

Arriving from **MODENA** sud: follow the signs for Vignola, Marano sul Panaro, Ponte Docciola

Arriving from **BOLOGNA**: take the SS64 Porrettana road and follow the signs for Sasso Marconi, Vergato, Marano

Arriving from **FIRENZE**: Motorway exit Pistoia, take the SS64 Porrettana road and follow the signs for Porretta Terme, Silla, Gaggio

How to reach MONTESE by train and fly:

From **BOLOGNA**: take the railway line Bologna- Porretta-Pistoia and get down in Vergato or in Porretta; then take the bus for Montese.

There is a train leaving every hour starting from 7A.M. till 9 P.M.

From **FIRENZE**: reach Pistoia, take the railway line Pistoia - Bologna and get down in Porretta; then by bus to Montese.

THE MASTERS:

Master **GUO MING (George) XU**, president of WACIMA, is one of the biggest exponents of Chinese Gong Fu in the world, top level expert of the 3 internal martial arts (Taiji - Ba Gua - Xin Yi) as well as virtuoso of sword and saber. He has been coming to Italy 3 times a year for more than 15 years. He is the guide of the Nei Dan school.



Master **FLAVIO DANIELE**, vicepresident of WACIMA, founder of the Nei Dan School, top student of Master Xu is one of the best Italian interpreters of internal martial arts, well known and appreciated at international level.

GUEST MASTERS:

Master **ZHAO YA JUN**, began practising with Gong Fu Shaolin, later studied Tong Bei Quan style with Master Lu Yong Chen and continued with Master Liu Bo Xue. He studied Tai Ji Quan Yang style. He is an expert of Taiji Li style and a virtuoso of the weapons. He won several tournaments. He is the vicepresident of the Wu Shu association of Lang Fong city of the Huo Bei province and member of the China Wu Shu Association, as well as vicepresident of Tong Bei Quan Association.



Master **WU WEN WEI**, kung fu brother of Master Qian Shao Hong, studied Xin Yi Quan with Lu An Guang, student of the mythical Master Lu Song Gao. He studied Taiji Chen and Yang style with Master Chang Zheng Lin and pushing hands with Jiang Zhong Bao. He is an expert in fighting and Iron T-Shirt Qi Gong.

SCHEDULE

ARRIVAL FOR THE 1st CAMPUS 21st morning (Sunday)

Stage begins on Sunday 21st at 15 and ends on Wednesday 24th at 18.30

ARRIVAL FOR THE 2nd CAMPUS 25th morning (Thursday). Stage begins on Thursday 25th at 15 and ends on Sunday 28th at 18.30

The teaching program is organised in units, repeating in the two stages so that those willing can attend both campus, thus enjoying a rich full immersion in the practise.

We will study the forms of the different styles directly with the masters (3 styles in the morning and 3 styles in the afternoon.

Moreover there will be the common practise of Nei Gong, Qi Gong and Tui Shou (pushing hands) led in turn by Masters Xu, Zhao and Wu.

PRACTISE:

Morning 10 - 12,30:

- M° Xu study of the first form of Chen style
- M° Zhao study of the classical 108 form of Yang style
- M° Wu study of the Xin Yi Quan form

Lunch 12,30 - 15

Afternoon 15 - 17,30:

- M° Xu study of the Ba Gua Zhang form
- M° Wu study of the Xin Yi Quan form
- M° Zhao study of the Li style form

Afternoon 17,30 - 19: Tui Shou and martial applications

Dinner 19,45

Evening 21,15 - 22,45 Lecture

STAGE FEE

First stage (21-24) 320 €

Second stage (25-28) 320 €

Both stages 530€

BOARD AND LODGING - 30 € daily

total for 3 days: 90 € (100€ with Sunday 22 or Thursday 26 meal)

total for 7 days: 210 € (220€ with Sunday meal)

One more night: 20 € including dinner and breakfast.

One more meal: 10 €

INFORMATION AT: NEI DAN SCHOOL

M° Flavio Daniele tel 0039 - 051 239578 - 347 8701436

M° Roberto Benetti 0039 - 320 0974030

E-Mail: neidan@libero.it www.taichineidan.com

BOOKING: within 31st JULY 11,

by post account IBAN IT86 K076 0102 4000

0001 6518 425 of 200 € issued on:

NEI DAN SCHOOL Via De' Coltelli 21

40124 BOLOGNA

important

Please fill this form, cut it and send it together with copy of your settlement to:

NEI DAN SCHOOL	
Via De' Coltelli 21 - 40124 BOLOGNA	
The under mentioned	
Surname.....	
Name	
Place and date of birth	
Address.....	
City.....	ZIP.....
Tel.....	
E-Mail	
Martial art practised.....	
School	
Member of Nei Dan Fesik..... Other associations.....	
Asks for the registration to	
1 st STAGE of 21 - 24 august '11	
2 nd STAGE of 25 - 28 august '11	
1° + 2° (from 21 to 28) august '11	
Day of arrival for the stage.....	
<i>I agree to treat my personal data, given today, for the internal use of the association and for possible notices for future events according to L. n. 675/96.</i>	
date.....	
signature	

NOTICE RESERVED FOR MEMBERS-SELF PRINTED