

Tai Chi & Qigong

Master George Xu Annual Seminar

hosted by Shanti School of Taijiquan and Durango Tai Chi



Friday - Saturday - Sunday, July 17-19, 2015
Chinese Martial Arts * Energy * Tai Chi

Friday, 4:30-6:15pm
Saturday and Sunday, 8:30am-4:30pm

As always we will learn high-level internal secrets, those George describes as

The Path to 'Going Beyond Human'

We will practice *Taiji, Lan Shou, and Xing-Yi Intermediate and Advanced Principles*. You can expect detailed mind-energy-physical information rarely offered by Chinese masters. Many seminar attendees are teachers and 15+ years, so it is a great investment in high level training and practice. There will be a lot of two-person practice, application drills, push hands throughout this workshop. George Xu is a remarkable international teacher, one of the most prodigious and highly respected of our generation. We are extremely lucky and grateful to have him come to the Four Corners.



6:30-8:30pm Saturday Evening Practice Session: Two Person Energy Training, Push-Hands, Applications.

Check details and online registration at www.GeorgeXu.com

Tuition \$225 in advance (before June 15) Friday, Saturday and Sunday; Saturday night practice \$25; (\$250 full workshop); \$120 one day. After June 15, \$135 per day, \$275 full workshop. **Call to register ASAP, limited enrollment, lots of personal attention.**

Master Card/VISA accepted.

Location: The Millennium Center COME DANCE TONIGHT! 20 W Main St, Cortez, CO 81321



Visit www.SusanAMatthews.com
for more information



Durango Tai Chi Instruction

Call Susan 970-903-5723 immediately to register
mail@susanamatthews.com

www.susanamatthews.com/GeorgeXu/George_Xu_in_Colorado.htm

George Xu will be assisted by

SUSAN A MATTHEWS, MS Neuroscience, MS Anatomy
Chinese Internal Martial Arts Teacher for 30 years.

Filming and Documentation by **TIM RICHARD**