

Get Balance

Brain Workshop™ *Movement Training for Brain Health*

with **Susan Matthews, ND**
MS Neuroscience, MS Anatomy, Tai Chi/Qigong



POSTURE

FALL PREVENTION

Brain Circulation

Saturday, September 27, 2014

9:30 am -12:30 pm

\$55 half-day. Please register by Sept. 13.
Registration includes visualization dvd.

(\$95 for morning and afternoon biomechanic sessions.) Pot luck lunch.

Location (please call)

North Las Vegas

Please call for registration information.

Tamalyn Taylor

702-528-6214

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PARKINSON'S

SENIORS

MOVEMENT DISORDERS

BRAIN INJURY

"I have Parkinson's disease. After working with Susan, balance is not a problem! Everyone wiith PD needs this information." John H., Durango

"Today, I am in no pain whatsoever, and am still walking better - though I have not practiced yet today. After class yesterday, my tiredness last night was delicious and normal - no fatigue or exhaustion, just a sense of pleasant glowing accomplishment and readiness for rest." MS patient, Durango



Visit www.brain-workshop.com for more information and details

Susan A. Matthews, MS, ND is founder of Shanti School of Taijiquan, Brain Workshop™ and is a Movement Disorders Specialist. She has been practicing and teaching Taijiquan, Qigong, and Spirituality for 30 years Her training includes over 20 years in the biomedical sciences, earning degrees in Neuroscience and Anatomy, as well as Naturopathic and Traditional Chinese Medicine healing technologies. Her other passion is ballroom dancing. Dr. Matthews' students benefit greatly from a rare integration of Oriental energetics with Western scientific theory and research in Parkinson's Disease, neural circuitry in the developing spinal cord, as well as neuroplasticity and regeneration after stroke.